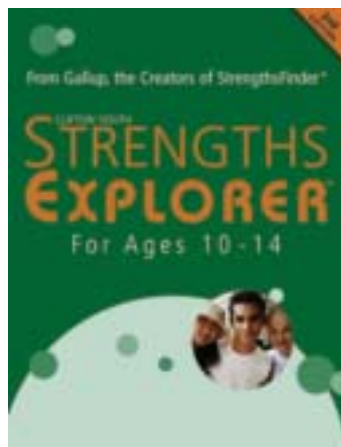


NOW DISCOVER YOUR CHILDREN'S STRENGTHS

Parents: Chicago Fire Camps & Training is proud to be the only camp program in the world with coaches certified in Strengths-Based Coaching.

Now you and your children can discover *their* strengths! Knowing your children's talent themes can be extraordinarily beneficial in not just sports, but any activity they participate in. Most importantly, it can help with their education and future goals.

To learn more about this online instrument designed to help young people (ages 10–14) discover and develop the unique talents within them, visit StrengthsExplorer.com. To have your child take the online assessment, and download both a parents guide and youth workbook for only **\$25**, contact Rebecca Russell at 800.284.6272, ext. 2233.



Chicago Fire Camps & Training

Toyota Park, 7000 S. Harlem Ave,
Bridgeview, IL 60455

Chicago-Fire.com



CHICAGO FIRE CAMPS & TRAINING REGISTER TODAY!



YOUR LOCAL CAMP INFORMATION:

AYSO 418 CHICAGO LAKEFRONT

Presents Chicago Fire Camps & Training

LOCATION: Margate Field House

camp 1: **July 14th – 18th**

camp 2: **Aug 11th – 15th**

camp 3: **Aug 18th – 22nd**

AGES: 5 – 6 years

TIME: 9am – 10:30am / 10:30 – 12pm

Any 1 week cost: \$100

Any 2 week special: \$165

Any 3 week special: \$230

AGES: 7 – 10 years & 11 – 14 years

TIME: 9:00am – 12:00pm

Any 1 week cost: \$130

Any 2 week special: \$230

Any 3 week special: \$310

- Campers receive a t-shirt, ball, evaluation, & free ticket to a Fire game.
- Shin-guards and water bottle required.
- To house a coach the week of camp, call our camps office on 800-680-6272
- Graduation Ceremony held at TOYOTA PARK, home of Chicago Fire Soccer.

MAIL CHECK/REGISTRATION TO:

Chicago Fire Camps & Training,
7000 S. Harlem Ave, Bridgeview, IL 60455

CHECKS PAYABLE TO:

Chicago Fire Camps & Training/MLS

FOR MORE INFORMATION:

Camps & Training Office 1-800-680-6272

Email: stuart.greer@mlscamps.com

register online @ chicago-fire.com



CHICAGO FIRE CAMPS & TRAINING

Adam Gee

Chicago Fire, 7000 S. Harlem Ave, Bridgeview, IL 60455

Office - (708) 496.6768 Fax - (708) 496-6050

Adam.Gee@MLScamps.com

SUMMER CAMP PROGRAM OVERVIEW

RECREATION CURRICULUM: <http://www.mlscamps.com/curriculum.shtml>

It is vital that the curriculum a player is taught matches his or her age and development. This is why MLS Camps created the **Play S.A.F.E.** curriculum for younger, less experienced players ages U4 – U10 and the **A.T.T.A.C.K.** curriculum for more seasoned players ages U10 – U18.

/// [View Sample Activities online at mlscamps.com](http://www.mlscamps.com)

/// [Purchase Our Curriculum at mlscamps.com](http://www.mlscamps.com)

PLAY	The Best Teacher of the Game is the Game Itself
Soccer	Ball Work, Dribbling, Passing & Control, Shooting, Tackling and Heading
Awareness	Teamwork, Sportsmanship, Goal Setting, Health and Safety
Fun	Activity Breaks, Talent Competitions, Quizzes and Backyard Homework Assignments
Education	Attacking, Defending, Types of Possession and Decision Making

Attitude:	The Psychological Component and Creating Winners from Within
Training:	Preparation of the Body and Soccer-Specific Physical Conditioning
Techniques:	The Progression from Techniques to Skills and Tactical Decision-Making
Awareness:	Decision-Making Skills, Positional Sense and Development to Functional Training
Competition:	Putting Skills Learned into a Competitive, Pressurized, Game-Related Environment
Knowledge:	Rules, Conduct and Objectives

Ages: 5 – 6 yrs

Program Length: Monday to Friday – 90 minutes per day

Desired Learning Outcomes:

1. Cooperation
2. Interaction
3. Education
4. Involvement
5. FUN

Program Overview for parents:

Children in this age group are beginning to learn and understand structure to games. They show the ability to organize themselves into structured practices that follow basic rules. Activities not only have this structure but are also left open to player's imagination and interpretation.

This program designed to cover fundamental skills that are the building blocks for a young players development. Sessions are fun and challenging to allow children to experience the joy of **"PLAYing"** soccer.



Ages: 7 – 8 yrs

Program Length: Monday to Friday – 3 hours per day

Desired Learning outcomes:

1. Ball Awareness
2. Dribbling
3. Passing & Control
4. Attacking
5. Shooting

Program Overview for parents:

The curriculum for this age group is designed around player's abilities to develop specific, vitally important techniques. Sessions are focused on a mixture of the fundamental aspects of soccer, including; passing, control, stops & starts, possession play, attacking as an individual and playing in a team.



Ages: 9 – 11 yrs

Program Length: Monday to Friday – 3 hours per day

Desired Learning Outcomes:

1. Ball Awareness
2. Spatial Awareness
3. Moves to beat an opponent
4. Principles of defending as an individual
5. Shooting & Finishing

Program Overview for parents:

At this age, distinctive changes occur in a child's learning style and behavior that allow the delivery of more complex concepts in the game. Spatial awareness, movement with or without the ball and range of passing to penetrate is emphasized in the program through fun and competitive games.

Children at this age are able to quickly digest information when presented in a clear and concise manner.

Ages: 12 – 15 yrs

Program Length: Monday – Friday – 3 hours per day

Desired Learning Outcomes:

1. Confidence in possession
2. Understanding of the “what, where and when” concept
3. Off the ball movement to create space
4. Advanced techniques to beat an opponent
5. Understands the principles of the first, second and third defenders
6. Accuracy of shooting & finishing
7. Understands various positional roles and responsibilities in a team format

Program Overview for parents:

Players at this stage of their soccer careers have developed an understanding of the key fundamentals and are working at mastering these techniques.

Our curriculum offers players the opportunity to improve these skills in competitive game situations. The curriculum for this older age group now switches its focus from the technical to the tactical and functional part of the game.

This allows players to refine their individual skills whilst in a practice environment which is more realistic to the game of soccer. Mixtures of high and low-pressure situations are created to allow success and therefore positive reinforcement and learning to take place.

Ages: TEAM

Program Length: Monday – Friday – 3 hours per day

ACTIVE TEAM CAMP:

- Time: 3 hours
 - SAQ fitness camp includes all SAQ equipment that the coach keeps for the team afterwards
 - Ages: 7 – 10 yrs old & Ages: 11 – 14 yrs old

- Equipment includes - 2 agility ladders; 6 hurdles; speed chute; speed resister; speed harness; reaction ball; evasion belt; 10 discs & carry bag; 15 adidas soccer balls & 15 adidas t-shirts.

TEAM SESSIONS & HIGH SCHOOL:

- Week team training and Pre-season Focus (Evening camp)
- Cost Per Team 3hrs a day: \$1,250 (15 players = \$84 each).
- Team and individual evaluation.
 1. Team Play
 2. Positional players training – defenders, midfielders, attackers.
 3. Field Play and phases of play
 4. Functional phases of play within the team concept
 5. Pre-season training

Coaching Philosophy

Strengths-Based Coaching – Chicago Fire Camps & Training & MLScamps is the only youth soccer education organization in the world working with the Gallup Organization to offer Strengths-Based Coaching (SBC) as part of all our programs.

The SBC philosophy focuses on working to an individual's strengths first and foremost. MLScamps CEO, Dr. Gary F. Russell has studied human behavior for almost 40 years. He is currently working alongside the Gallup Organization, who has studied human nature and behavior for more than 70 years. Together they have developed a remarkable coaching philosophy that enhances both coach effectiveness and player performance.



Please visit www.StrengthsBasedCoaching.org for more information.

Green Cards – Chicago Fire Camps & Training believe in providing and enhancing positive play. We train coaches and our coaches to enhance our SBC philosophy and also supply players with 'green cards' to reward talent, sportsmanship and good play.

For more information please visit
www.Chicago-Fire.com | www.StrengthsBasedCoaching.org

Register for Camp Online by Visiting Chicago-Fire.com or Mail in Registration

A small Internet registration fee will be applied to all online registrations

Please contact me with information on housing a coach during the week of camp

PLAYER INFORMATION: To register siblings, please feel free to photocopy this registration page

<input type="text"/>	<input type="text"/>	<input type="text"/>
Name	Age	Date of Birth
<input type="text"/>	<input type="text"/>	<input type="text"/>
Sex	Grade as of September '08	Years Played
<input type="text"/>		
Address		
<input type="text"/>	<input type="text"/>	<input type="text"/>
City	State	Zip

PARENT/GUARDIAN AND EMERGENCY CONTACT:

<input type="text"/>	<input type="text"/>
Parent/Guardian Name	Email Address
<input type="text"/>	<input type="text"/>
Home Phone	Work Phone
<input type="text"/>	<input type="text"/>
Additional Emergency Contact	Relationship
<input type="text"/>	<input type="text"/>
Home Phone	Work Phone
<input type="text"/>	<input type="text"/>
Family Doctor	Doctor's Phone Number

ALLERGIES: (List all known)

	Allergen	Reaction	Management
Medication			
Food			
Other			

MEDICATIONS BEING TAKEN: Please list all medications (including over the counter or non prescription drugs) taken routinely. Bring enough medication to last the entire camp. Keep in the original packaging that identifies the prescribing physician (if prescription), and the name of the medication.

This person takes NO medications on a routine basis Yes No

This person takes medications as follows	Med 1	Dosage	Frequency of Dosage	Reason for taking
	Med 2	Dosage	Frequency of Dosage	Reason for taking

GENERAL QUESTIONS: (Check Yes or No, and explain additional information on separate sheets)

Ever been hospitalized?	<input type="checkbox"/> Y <input type="checkbox"/> N	Ever had surgery?	<input type="checkbox"/> Y <input type="checkbox"/> N	Have frequent headaches?	<input type="checkbox"/> Y <input type="checkbox"/> N
Ever had a head injury?	<input type="checkbox"/> Y <input type="checkbox"/> N	Ever had ear infections?	<input type="checkbox"/> Y <input type="checkbox"/> N	Ever had back problems?	<input type="checkbox"/> Y <input type="checkbox"/> N
Have any skin problems (e.g., itching, rash, acne)?	<input type="checkbox"/> Y <input type="checkbox"/> N	Have asthma?	<input type="checkbox"/> Y <input type="checkbox"/> N	Had mononucleosis in the last 12 months?	<input type="checkbox"/> Y <input type="checkbox"/> N
Had problems with diarrhea/constipation?	<input type="checkbox"/> Y <input type="checkbox"/> N	Ever had an eating disorder?	<input type="checkbox"/> Y <input type="checkbox"/> N	Ever had emotional difficulties for which professional help was sought?	<input type="checkbox"/> Y <input type="checkbox"/> N

MA & NJ BOH requires Medical history and immunization records. By checking this box I understand to bring these to the first day of camp.

PROGRAM DETAILS: Check Your Local Chicago Fire Camps & Training Info for the equipment included in your camp fee

<input type="text"/>	
Name of Local Sponsoring Organization	<input type="text"/>
Name of Camp Program	Date <input type="text"/> Time <input type="text"/>
Second Camp Program (if applicable)	Date <input type="text"/> Time <input type="text"/>
T-Shirt Size (Check one if applicable)	Ball Size (Check one if applicable)
<input type="checkbox"/> Youth Small <input type="checkbox"/> Youth Medium <input type="checkbox"/> Youth Large	<input type="checkbox"/> Adult Small <input type="checkbox"/> Adult Medium <input type="checkbox"/> Adult Large
<input type="checkbox"/> Adult Extra Large	<input type="checkbox"/> 3 (5-7 years) <input type="checkbox"/> 4 (8-11 years) <input type="checkbox"/> 5 (12 and up)

PAYMENT DETAILS: Reminder: Kick-Medic™ Purchase Is Optional. Make one check payable to the Sponsoring Organization (see "Your Local Chicago Fire Camps & Training Info").

Kick-Medic™ Qty _____ + =

Kick-Medic™ Cost Camp Cost Total Cost

Check #

A \$35 fee will be applied to refunds from cancellations. Refunds typically are issued 8-10 weeks after the camp.

This release is made to allow my child to participate in the Chicago Fire Camps & Training and its sponsored events. I recognize that my signature on this release is a condition of your permitting my child to participate. I agree that you may photograph and/or videotape my child during camp and its sponsored events and that you retain the rights to use these visual images in any manner you wish without compensation to my child. I further agree that you may use and license others to use my child's name, voice, likeness, and any biographical facts which may have been provided to you, including advertising and promoting the camp and its sponsored events. I certify that my child is in excellent physical health, and may participate in strenuous and hazardous physical activities, including the soccer to be played at camp. I certify that there are no physical limits to my child's participation in the camp and its sponsored events. Permission is granted for my child to receive emergency medical treatment if needed. I hereby release and discharge Chicago Fire Camps & Training, Major League Soccer, L.L.C., and all their affiliated entities from any and all liability, claims, demands, and causes of action for personal injury, property damage, and / or other loss suffered by my child in connection with his / her participation in the camp and its sponsored events. I represent that I am a parent / guardian of the minor named above and I agree that the grant and release contained therein binds me and the minor to all of its terms.

PARENT/GUARDIAN SIGNATURE DATE

*** Complete and return with payment to your program manager listed in Your Local Chicago Fire Camps & Training Info ***



BUY A KICK-MEDIC™ TODAY!

Kick-Medic™, the officially licensed training aid of MLS™, is perfect for soccer players of all ages and skill levels. Its unique design effectively maximizes training time for every type of kick or throw. Kick-Medic™ is great for coaching or independent training to improve leg strength, accuracy, technique, coordination, muscle memory and more. Each Kick-Medic™ comes with a FREE training DVD featuring professional drill instruction from Taylor Twelman.

PLACE YOUR ORDER ON THE REGISTRATION PAGE TO THE RIGHT.

Only \$30 (includes shipping)